



An Invitation

to discuss

The Spirit of Groups

Guest Speaker

Organisational inefficiencies, emotional dysfunction, self interest and bureaucratic systems derail all kinds of grand ideas when people come together to do things. Helen Russ, Ph.D, will share the results of **recent research exploring the spirit of groups.**

Technology | Language | Pathway
for
Awakening | Harmony | Integrity
in GROUPS.

We recognise the need to regularly maintain the essence of the 'I am'. As individuals we wash, exercise and meditate to retain health vitality and peace of mind. What do we do for the 'We Are'?

This work brings **a language and a technology** to work with the spirit of groups using the concept of the lexion. It provides a pathway towards awakening for the collective. The language and technology of lexion facilitates the development of a **relationship between the spirit of the group and group members.**

It brings awakening and harmony to group culture.

For centuries, corporate wizards, revolutionaries and community leaders have intuitively predicted global trends, changed cultural opinion and managed crowds. The challenge is that there is no language or intellectual framework to discuss or critique what they do. It's largely been the sole playground of the one or two charismatic leaders who have an intuitive sense of their people within the larger cultural landscape.

Dysfunction, bureaucratic systems and inefficiencies in groups challenge us all. Right now we are faced with **monumental environmental, health and economic challenges** that are **created and managed by groups of people.**

The challenges we currently face will not be solved at the level of the problem

Lexion is a simple repeatable process to help groups function efficiently and cleanly. Using theories presented by Plato, meditation techniques and the language of lexion, Helen will help us understand that witnessing or 'being present with' the lexion is the first step to awakening within the group culture. The wonder, power and change are in the relationship that develops between the group spirit and its people.

Introductory talks
Workshops
Organisational appraisal
Mapping the group spirit

Helen Russ Ph.D
+ 61 (0) 4477 12310
www.helenruss.com
connect@helenruss.com

Any organisation
business or
community group
of more than 25 people

About Helen:



Helen's work has two inter-connected streams. How do organisations remain aligned with their essential goodness or archetype and how do we interact with land in a way that brings life? Each community group, business or organisations is located within and affected by the spirit of the place in which it is located. When we become conscious of the essence of things, we become a player within the interconnected harmony that is 'Life'.

Helen's connection to land came from her childhood on a farm in Central Western NSW. She has an undergraduate degree in Systems Agriculture, majoring in environmental community development and experience working with Landcare, Greening Australia and management consulting.

Since 1999 Helen has practiced, studied and taught consciousness with individuals and groups in Australia, the United States and Europe. Helen has extensive experience including a Doctorate exploring the spirit of material phenomenon. She has written on the spirit of organisations, the spirit of place and organisational integrity.

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